

PKU Management: Medical and
Nutritional Strategies to Improve
Life-long Diet Adherence

March 13, 2014
11:00am-3:00pm

CHOC Children's
Holmes Tower, Second Floor
Conference Room A
1201 West La Veta Ave
Orange, CA 92868

Lunch will be provided

3 CPE units will be offered

Sponsored by Nutricia North America

Target Audience:

Clinical or community pediatric
registered dietitians, and registered
dietitians with an interest in pediatric
nutrition. Other clinicians (NP, OT,
SLP, MD, PA) and students are
welcome to attend.

Program Faculty:

Richard Chang, MD
Medical Biochemical Geneticist -
Metabolic Division

Mary Sowa, MS, RD, CSP, CNSC
Clinical Dietitian

Emily Barr, MS, RD, CSP
Clinical Dietitian



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CHOC Children's
Clinical Nutrition &
Lactation Department

RD's In Practice:
*Advancing Practice in
Pediatric Nutrition*



OVERVIEW:

RD's In Practice is an educational program aimed at advancing clinical knowledge and ideas in specialty areas of pediatric nutrition. Didactic lectures, question/answer sessions, and networking opportunities will allow time for attendees to discuss emerging topics, evidence based practice and solutions to practice dilemmas.

PROGRAM OBJECTIVES:

Upon completion of this program, participants should be able to:

1. Understand the natural history of PKU and how newborns are identified through newborn screening.
2. Understand the psychological challenges associated with adherent and non-adherent PKU patients.
3. Understand the treatment concepts of the PKU diet and its challenges.
4. Discuss educational approaches to improve diet adherence at all ages.

AGENDA

11:00am	Registration/Lunch/Network
11:55pm	Introduction of program
12:00pm	PKU - 80 years of discovery, diagnosis, diet, and developments <i>Richard Chang, MD</i>
12:45pm	Break/Network
1:00pm	PKU Nutrition Management - Traditional Approach <i>Mary Sowa, MS, RD, CSP, CNSC</i> <i>Emily Barr, MS, RD, CSP</i>
1:45pm	Break/Network
2:00pm	PKU Case Studies and Custom Designed Approach for Diet Adherence <i>Mary Sowa, MS, RD, CSP, CNSC</i> <i>Emily Barr, MS, RD, CSP</i>
2:55pm	Closing Remarks/Adjourn

REGISTRATION (REGISTER BY E-MAIL, BY MAIL OR BY FAX)

NAME _____

DEGREE _____

TITLE _____

AFFILIATION _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE _____

FAX _____

E-MAIL (REQUIRED FOR CONFIRMATION) _____

REGISTRATION IS FREE
You can also register online at www.choc.org/rdsinpractice

Please register by March 6th.
All registrants will receive a confirmation e-mail. For information call 714-509-7829 or email sbrown@choc.org



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